

➤ If you have been affected either directly or indirectly by the issues surrounding egg or sperm donation and feel you would like to help us in our campaign to increase public awareness of the real and urgent need for more donors please contact us

➤ There are many people who cannot donate egg or sperm for many reasons but would still like to help

➤ **We need you!!**

➤ You could ask local libraries, health clubs etc to display NGDT posters and distribute leaflets

➤ You could hold coffee mornings, car boot sales etc to help our fundraising campaign

➤ Just promote discussion with your friends

➤ Be knowledgeable so when people express an interest in becoming a donor give them our info

➤ There are many ways you can help: please join us

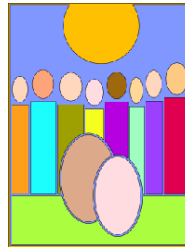
[info@ngdt.co.uk](mailto:info@ngdt.co.uk)

[www.ngdt.co.uk](http://www.ngdt.co.uk)



## Friends of NGDT

### Philosophy and aims



➤ **To raise awareness of the need for egg and sperm donors**

➤ **To maintain a list of egg, sperm and embryo donors who are willing to share their experience with others in any way**

➤ **To establish a list of recipient parents who would be willing to assist NGDT in recruitment campaigns in any way**

➤ **To form a network of volunteers to aid recruitment and awareness campaigns**

➤ **To link with clinics and support local recruitment campaigns**

# Friends of NGDT

## Tackling infertility together



Bridging the gap

Forming the links

Promoting awareness

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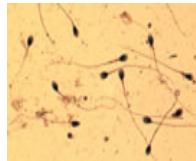
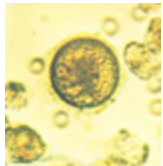
Or ring 0845 226 9193

## Raising awareness the facts

- One in six couples will experience difficulty in having a baby of their own
- Some of those couples will never have a baby without the help of another man or woman

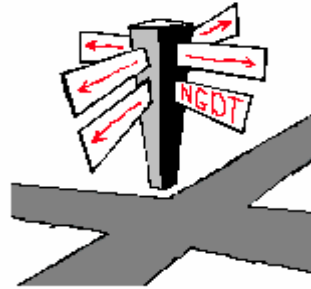


- There is a growing shortage of egg and sperm donors in this country



- This means people waiting months and often years for treatment
- It doesn't make any difference whether people are being treated privately or on the NHS the wait is still very long

- People often don't know where to turn when told they need treatment with donor eggs, especially when told how hard it is to recruit donors



- Many women when questioned about it say they would consider donating eggs; they just don't know how to go about it or what it involves
- Other women are sorry they cannot donate eggs themselves as they have reached the age limit of 35 but still want to help somehow
- Some men would consider donating sperm if they felt the "stigma" was removed
- They would donate if it could be fitted into their working day
- Men feel they would like more information

- Men and women considering donating eggs and sperm would like to talk to someone who has already done it
- Couples trying to find donors especially egg donors would like to talk to others in the same situation
- They would like to talk to donors to find out what motivated them

**Friends of NGDT want to bring all these people together**

- If you can help us to help you to help those one in six couples contact us at:

[info@ngdt.co.uk](mailto:info@ngdt.co.uk)

[www.ngdt.co.uk](http://www.ngdt.co.uk)

Or ring 0845 226 9193



The National Gamete Donation Trust  
PO Box 2121, Gloucester  
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